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## **Schenck, Price, Smith & King LLP Partner Guests On Navigating Divorce Show**

*~ Tanya N. Helfand discussed divorce tips ~*

**Florham Park, NJ-** Tanya N. Helfand, Partner, Schenck, Price, Smith & King LLP, was recently a guest on 'Women Winning Divorce' hosted by Heather Quick.

In a wide-ranging interview, Helfand discussed a new, optional marital law for couples in Arizona, Arkansas, and Louisiana - Covenant Marriage. "My opinion of that is, I think the premarital counseling is phenomenal. I think that is a magical idea. People should do this anyway, with or without the law." The law would require couples to go through 5 hours of couples counseling prior to marriage, and agree to more counseling, if needed. It also eliminates no-fault divorce.

During the interview, Helfand discussed the role technology now plays during the divorce process, noting "Think before you send, because people don't realize that any text message, any email they send, any Facebook junk they put can be used as evidence in a court of law, usually against them."

According to John E. Ursin, Managing Partner at SPSK commented that our Partner Tanya Helfand is a recognized leader in family law for a reason. She is able to balance zealous advocacy for her clients with a recognition of the human side of family law litigation and the need to focus on what is in the best interests of people having marital difficulties.

To listen to the episode in its entirety, please click here: <https://bit.ly/45780rh> To purchase Tanya Helfand's book, please click here: <https://bit.ly/4mLqunD>

**ABOUT TANYA N. HELFAND**

With three decades of legal experience, Tanya N. Helfand focuses her practice on Family Law and Divorce. She is a Certified Matrimonial Attorney and, prior to joining Schenck Price in 2022, had her own practice for 25 years. Tanya serves on the Superior Court's Matrimonial Early Settlement Panel in Morris and Essex Counties. Tanya has an extensive business background, which is extremely helpful with all the areas of her practice. Prior to opening her office, she owned retail businesses and has helped many professionals with their practices. She is an author and sought after Presenter.

**ABOUT SCHNECK, PRICE, SMITH AND KING LLP**

Schenck, Price, Smith & King is a full-service law firm with offices in Northern New Jersey and Manhattan, serving closely held, growing companies. For more than 110 years, Schenck Price has represented commercial businesses, individuals, public institutions and charitable organizations with excellence and integrity. We are proud that, in addition to their excellence and experience as legal practitioners, our attorneys have served in positions of leadership in public institutions, as well as community and charitable organizations.

Founded in 1912 as a two-person law firm in Morristown, Schenck Price has entered its second century of service as a firm of 80+ attorneys, serving virtually all legal needs of businesses and individuals. Our Firm's long history of legal excellence in the areas of health care, education, construction, trust and estate planning, corporate law, real estate, insurance defense, banking and commercial litigation, has expanded as the Firm has grown. Our areas of practice also include telecommunications, technology, environmental law, corporate governance, labor and employment law, and family law. Many of our attorneys have been recognized as leaders in their respective practice areas.

**ABOUT WOMEN WINNING DIVORCE**

Host Heather Quick has spent the last 20 years advocating for women going through divorce and need family law assistance. She started Florida Women's Law Group, which now has a team of 30 women. This podcast aims to provide clarity on the divorce process, how to protect your rights and assets, and advice for overcoming the fears of leaving an unhappy marriage. Her goal is to help those who would like to start moving towards a happier future.